



Coronavirus – what we will do - what you need to do.

To help our families to understand what part we all have to play in helping to prevent the spread of Coronavirus, and what to do if you are worried about contact with somebody who has it, here are some of the key points from the latest guidance. You can find more information online.

Prevention	We are continuing to do everything we can to prevent the spread of Covid-19 in our school environment. The virus still lives in the wider community and we would like to clarify what happens in certain circumstances.
If someone shows symptoms	<p>When a child (or staff member) shows symptoms of being unwell, which could <i>potentially</i> be symptoms of Coronavirus, they are asked to stay at home to isolate and arrange a test.</p> <p>If symptoms begin while they are in school they will be sent home to isolate and arrange a test.</p> <p>Because someone in the household has symptoms that <i>could be</i> Coronavirus, the rest of the household will also need to isolate until you get the test results back.</p>
Absence reporting	When reporting an absence, please be very clear about the symptoms your child is experiencing, so we will know whether it could be Coronavirus.
What we will do	At this stage we will send a courtesy message to all the families whose children are in the same bubble, which is usually limited to the same class. You don't need to do anything different, and your child should come to school as normal.
When to get a test	<p>Your child should be tested as soon as possible if they have any symptoms of Coronavirus. The symptoms are:</p> <ul style="list-style-type: none"> • a high temperature • a new, continuous cough • a loss or change to your sense of smell or taste <p>The test needs to be done in the first 5 days of having symptoms. You do not need to get a test if they have no symptoms, or if you have different symptoms.</p>
How to book a test	<p>Book a Coronavirus test online via https://www.gov.uk/get-coronavirus-test</p> <p>Call 119 to get a test if you have problems using the internet.</p>
If someone tests positive	<p>If a test result comes back positive we will notify NHS Test & Trace, who will contact everyone who is in the same bubble. If we (or Test & Trace) contact you, it means that your child has been in the same bubble as someone who has tested positive.</p> <p>They may not have been in 'close contact' according to the definition provided by the government, but to contain the virus the guidelines state that others in the same bubble as someone who has tested positive must isolate for 14 days.</p>
Data protection	You won't be told the name of the person who is poorly or who has tested positive for Coronavirus, but you will be told if you have potentially come into contact with them.

What do they mean by 'isolate'?	<p>If you're told your child needs to isolate because they're in the same bubble as a person who has confirmed Coronavirus:</p> <ul style="list-style-type: none"> • they should self-isolate for 14 days from the day they were last in contact with the infected person - it can take up to 14 days for symptoms to appear • they should not leave home for any reason • they should not have visitors at home, including friends and family that they don't live with • they should try to avoid contact with anyone else they live with as much as possible
Your household	<p>If your child has been told to isolate, but has no symptoms, other people they live with will not need to isolate if they also <u>do not</u> have symptoms.</p>
No symptoms?	<p>If your child does not get any symptoms of Coronavirus while self-isolating:</p> <ul style="list-style-type: none"> • they can stop self-isolating after 14 days • they do not need to have a test
If they get symptoms	<p>If your child develops symptoms while isolating, they should get a test. If the test shows they have Coronavirus, they must then:</p> <ul style="list-style-type: none"> • self-isolate for at least 10 days from when the symptoms started – even if it means they're self-isolating for longer than 14 days in total • anyone they live with must self-isolate for 14 days from when their symptoms started
About NHS Test and Trace	<p>Families will be contacted by email, text or phone.</p> <p>Text messages will come from NHStracing.</p> <p>Calls will come from 0300 0135 000.</p> <p>You'll be asked to sign in to the NHS Test and Trace contact tracing website at https://contact-tracing.phe.gov.uk.</p> <p>If you cannot use the contact tracing website, they will call you.</p>
After isolating	<p>Your child should keep self-isolating if they still have:</p> <ul style="list-style-type: none"> • a high temperature, or are feeling hot and shivery • a runny nose or sneezing • are feeling or being sick • have diarrhoea <p>They should keep isolating until all these symptoms have gone.</p>
Coming back to school	<p>A child who had symptoms or tested positive can come back to school after 10 days if they feel well enough, and:</p> <ul style="list-style-type: none"> • they no longer have any symptoms • they just have a cough, or changes to their sense of smell or taste, as these can last for weeks after the infection has gone <p>A child who was isolating but never had symptoms can come back after 14 days.</p>

Call 111 if you're worried about your child.

If they seem very unwell, are getting worse, or you think there's something seriously wrong, call 999.

Do not delay getting help if you're worried.

Trust your instincts.