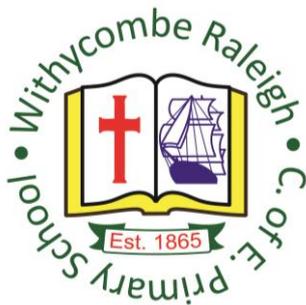


# Weekly School News Roundup

## Withycombe Raleigh C of E Primary School



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

---

### News from your Headteacher

After such a challenging year, with so many limitations, we are delighted that Tempest Photographers will be visiting school on Wednesday 30<sup>th</sup> June to take Class photos. This year, photos will be taken outside and will be 'traditional' group shots. All children should wear proper school uniform, not PE kit or Leavers' hoodies, including a school jumper or cardigan please.

#### School Meals Service

We are very fortunate that our school meals are cooked on site, using locally sourced fresh ingredients wherever possible. Our talented catering team prepare two cooked choices daily, including a main meal suitable for vegetarians. If your child prefers a cold lunch they can select the 'packed lunch' option. We serve up a selection of fresh vegetables and there is always a self-service salad bar available. Fresh fruit and pots of yoghurt are available as alternative dessert choices.

All Foundation and Key Stage One pupils receive free school lunches under the Universal Infant Free School Meals Scheme, saving our school around £400 each year. We encourage all of our children to eat school-based lunches with their peers. This has proved a popular way of children trying new foods and having a sociable lunchtime with their peers.

However, from time to time, children are either:

- not ready for a school based meal
- have particular challenges around certain foods
- have a medical need or a very specific dietary need.

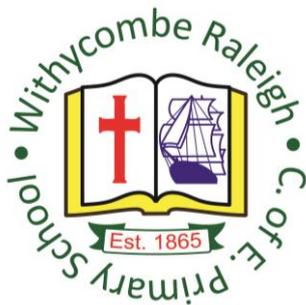
To support this we have our **Meal Time Champions** who will spend time encouraging and supporting children who struggle with a school based option. See model below:

---

# Weekly School News Roundup

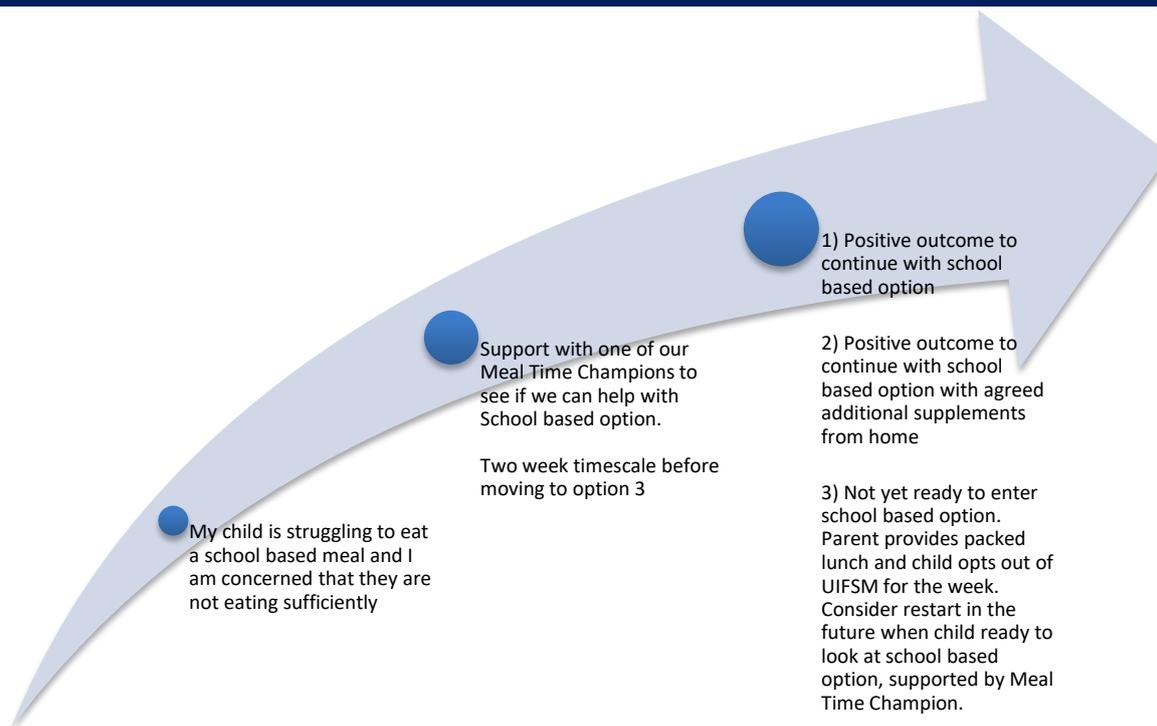
**Withycombe Raleigh  
C of E Primary School**

**Date:** 25/6/2021



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)



If you wish the support of a **Meal Time Champion** we will follow this simple model to ensure your child is eating again. Please talk to Kathryn Lee or Emma Jones for further information.

## Sports Day

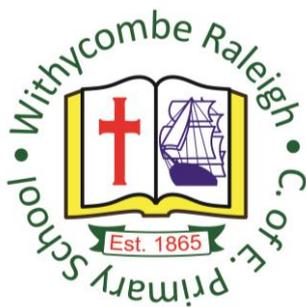
Our Sports Day yesterday was a huge success. Children loved competing against each other and had a wonderful time cheering on their teams. Photos of the day can be found on our website, please take a look. Thank you to Mrs Ryan for her hard work organising all the equipment etc for the day and to Lewis and Freddie from Land F Multipsports for their support throughout the day Thanks also to our PTFA for providing an ice pole for each child to enjoy after all their exertions.

## Covid reminders

Although cases of Covid in our immediate community are relatively low, the guidance about what to do if you are displaying symptoms of Covid remains the same. If you have any of the following symptoms: a high temperature, a new persistent cough or loss of taste and smell, you must isolate and book a PCR Test. All members of the household should also isolate until you receive a negative test result.

# Weekly School News Roundup

## Withycombe Raleigh C of E Primary School



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

Please also be vigilant if you / your child develops a sore throat, runny nose, fever and headaches as these are more common symptoms among patients with the new Delta variant – please seek medical advice if you are concerned.

### Contact us

Please remember that there are many ways you can contact school staff if you have any queries. You can email your child's class teacher directly using the class email account; alternatively, you can email [admin@wrpschool.org](mailto:admin@wrpschool.org) or [enquiries@wrpschool.org](mailto:enquiries@wrpschool.org) or call us on 01395 263397. Please be aware that teachers do not have the opportunity to check emails during the school day and therefore if you have an urgent message for staff within the school day, please ring our office or email as indicated.

Have a lovely weekend

Mrs. E Jones

### Upcoming Events

28th June - 2nd July	Kindness Week
30th June	Class Photos
5th July	Moving on Morning
7th July - 13th July	Year 6 Activities Week
Wednesday 21st July	Last Day of Term / Leavers' Service 11am

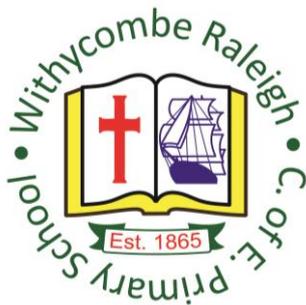
### Collective Worship

This week the focus of our Collective Worship has been our value; **Agape**.

Agape is a Greek word used to refer to 'unconditional love'. Christians refer to this love as the love shown by God to mankind. In Collective Worship we talked about how the most valuable things in our lives often don't cost anything. We also started to think about how we can show love towards others in our actions. This will lead towards us thinking about what we might do next week as part of our Kindness Week.

# Weekly School News Roundup

## Withycombe Raleigh C of E Primary School



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

### Safeguarding – MASH and Early Help

For this week's safeguarding news I would like to remind parents about Safeguarding and Child Protection being everyone's responsibility. All child protection concerns need to be acted on immediately.

I have also included a reminder about 'Early Help' which is the initial response offered when a child / young person or family needs some extra support.

#### 1) The Multi-Agency Safeguarding Hub



If you are concerned that a child may be at risk or actually suffering abuse please contact Mr Smith, Mrs Jones, Miss Lee or Mrs Wheeler within school hours. Alternatively, including out of school hours, please contact The MASH (Devon County Council Multi Agency Safeguarding Hub) who are available to discuss your concern and advise 0345 155 1071.

The MASH is the central resource for the Devon local Authority area receiving all serious safeguarding and child protection enquiries. The MASH is staffed with professionals from a range of agencies including police, probation, fire, ambulance, health, education and social care. These professionals share information to ensure early identification of potential significant harm, and trigger interventions to prevent further harm to children.

More information about safeguarding in Devon can be found at:

<http://www.devonsafeguardingchildren.org/>

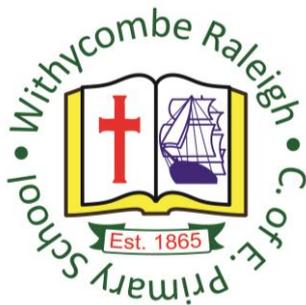
Additional information about Child Protection nationally can be found at:

<https://www.nspcc.org.uk/preventing-abuse/child-protection-system/>

#### 2) Early Help:

# Weekly School News Roundup

## Withycombe Raleigh C of E Primary School



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

---

**Early help is the support** given where there are additional needs required by families or individuals in services such as health, education or housing.

Early Help is the initial response offered by all services in contact with children, young people and families. You can ask for an Early Help Assessment yourself, via our school or your child's nursery, a health visitor, a GP or a support worker.

A lead worker will meet with you and your family and try to understand your views and needs as well as to establish how you work together as a family. Actions can be decided together with the people who will be supporting you to achieve them.

A family support plan will be made, saying who is going to do what and when, including the things you and your family can do to help yourselves. The plan will be regularly reviewed to make sure it is working and support will continue until your family feels resilient enough to manage your issues on your own.

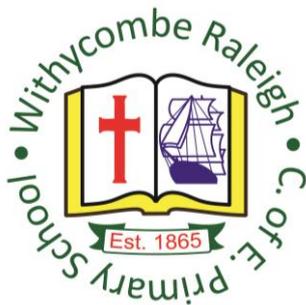
<https://www.dcfp.org.uk/early-help/>

**Mike Smith - Designated Safeguarding Lead**

---

# Weekly School News Roundup

## Withycombe Raleigh C of E Primary School



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

### Top Tips for Wellbeing - Managing Big Emotions, like anger.

Do you wonder why your child won't listen to you or be reasoned with when they are showing big emotions, like anger?

When we feel very strong emotions we become **emotionally flooded**.  
Being flooded with emotion means our brains do not have thinking space.

At these times our children need to let the floodgates down before they have capacity to listen. We need to help them safely express and manage their feelings first, before we can enter into any discussion. It is important for us to check our feelings first - are we calm? We can then help our child by...

#### 1. **Attuning**

This tells a child you notice them and what they are feeling  
'Boy, I can see you are angry',  
'That must have been very upsetting for you'

#### 2. **Validating**

We then need to let the child know that their feelings are valid. This is not about condoning behaviour, this is about telling them you get what they are feeling....  
'If that happened to me I might feel like that'

#### 3. **Containing**

Check your child is safe with their anger. Having strong feelings can feel very scary so letting a child know that you will stay with them/be there for them will help them feel safe.  
'I'm here for you/ I will stay here with you/I want to help you feel safe'

#### 4. **Calming**

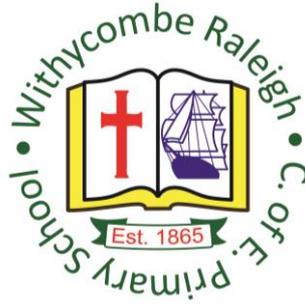
Being able to calm is not something we are born knowing how to do, we have to learn how to do it. We can help teach them ways.  
'When I feel like that I squeeze a cushion/take some deep breaths/ go for a walk around the garden'

#### 5. **Patience**

Being able to feel calm can take time and, even after the angry outburst, your child may still be feeling agitated inside. Be patient with talking about it - don't put too many expectations on your child too soon. Do talk about it when they are calm.  
'I am here for you when you feel able to talk'

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

## Sports & Achievements

We love to hear about your children's sporting and other achievements. If you have anything to share, please email [enquiries@wrpschool.org](mailto:enquiries@wrpschool.org) with your news and a photo if possible. We will endeavor to include as many of your photos as possible each week.



Congratulations to Mrs Rhodes (Year 6 teacher and mum of Barney and Enid) and Mrs Perkins (mum of Hattie, Molly and Eadie) who completed the Climb Southwest Jurassic Coast 100K from Weymouth to Exmouth. They started at 8pm and ran through the night back to Exmouth.

They were 20th overall and 7th Females.  
We think they are amazing!

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**



**Date:** 25/6/2021

Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

Our Sporting Stars this week are:

Amelie and Hannah (Year 3) played in a football tournament over the weekend and both won a medal.

Nyah has achieved her Level 1 Swimming Certificate and also won player of the week at L and F Multisports.

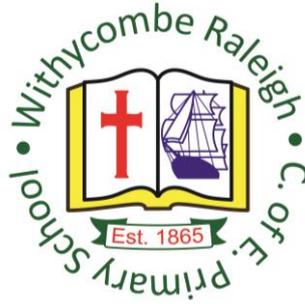
Beth (Dolphins) received her certificate & badge for passing her RAD Primary Ballet exam this week



# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**

**Date: 25/6/2021**



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

## Year Group News



Year 2 visited Nature School, collected special things and created a 'journey stick'



# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**

**Date:** 25/6/2021



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)



Year 4 took part in a water carrying challenge to raise money for Water Aid

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**

**Date:** 25/6/2021



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

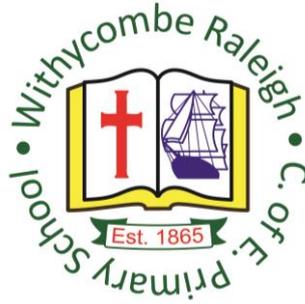
Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)



# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**

**Date:** 25/6/2021



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)



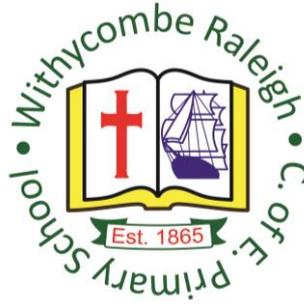
Barn Owls and Hedgehogs visited the Exe Estuary on Wednesday to learn about all the creatures that live there.

They found lots of interesting creatures including lug worms, shore crabs, sand eels and shrimps.

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**

**Date:** 25/6/2021



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

---